



# 33rd Mount Helena Classic

## September 13, 2008

### 10:00 a.m. Start

Name (please print legibly)

Phone #

Address

Email Address

City

State/Province

Zip Code

Age on Race Day: \_\_\_\_\_

Sex: M F  
(Please circle one)

Shirt Size: S M L XL  
(Please circle one)

Age Divisions (Please Circle One)

14 and under

15-19

19-29

30-39

40-49

50-59

60-69

70+

**Waiver:** I understand that there are inherent risks associated with my participation due to the nature of this race, that there are inherent risks associated with my participation, and that my participating may subject me to injury and/or illness, or worse. In consideration of the foregoing, I for myself, my executors, administrators and assigns, do hereby release and discharge any and all liability, rights and claims for damages incurred before, during and after the race against USATF, the Helena Running Club, City of Helena, sponsors, race officials and volunteers. I attest and verify that I am physically fit and have sufficiently trained for this event. I hereby consent to permit, and accept responsibility for, emergency medical treatment, regardless of whether I have authorized such expense. The foregoing release is binding upon me personally, as well as upon my heirs, executors, administrators, all members of my family, or any others who might make a claim on my behalf.

Signature (Parent or Guardian must sign for minors)

Date

**ENTRY FEES (all entry fees are non-refundable)**

On-line registration available at: [www.active.com](http://www.active.com).

Early Bird (received no later than 9/10/2008): \$18.00

Late Fee (after 9/10/2008) and race day registration: \$23.00

Family & Friends Fees (Early Bird Only): Sign up with a family member(s) or friend(s) and Pay Less! (Note: must be received no later than 9/10/2008, and entry forms and payment must be received together in a single envelope) 2<sup>nd</sup> entry = \$16.00, 3<sup>rd</sup> and each additional entry = \$15.00.

Make Checks Payable to: Helena Running Club  
Mail Entry Form and Fees to: Steve Engebrecht  
1030 Wilder Avenue  
Helena, MT 59601

Questions?? Contact:  
slengebrect@msn.com  
(406) 442-0924 (evenings)  
[www.helenarunningclub.com](http://www.helenarunningclub.com)

Race Day Registration and Packet Pick Up: Gourmet to Go, 48 North Last Chance Gulch (near the starting line), 8:30 a.m.-9:30 a.m., September 13, 2008.

Refreshments: There will be water stations on the course and refreshments available at the finish line.

Awards: Trophies to open and masters male and female winners, medals will be given to the first 3 finishers in all male and female age divisions.