

**44th Annual August Road Race (Montana's Second Oldest Race) -- August 16, 2007**

3.8 miles, 7:15 pm, Intersection of Head Lane and Country Club, Helena, MT

Conditions: cool, windy and light rain at start -- calmed down as race progressed

Name (Division)	Time	Pace per Mile
1. Greg Wirth (M32)	20:23	5:21
2. Nathan Taylor (M29)	20:34	5:24
3. Thomas Jodoin (M26)	20:45	5:27
4. Peter Dan Sullivan (M43)	20:51	5:29
5. Michael Barker (M17)	21:28	5:38
6. Andy Metropoulos (M17)	22:02	5:47
7. Brian Wieck (M35)	22:19	5:52
8. Colten McCullough (M15)	22:29	5:55
9. Evan Eck (M21)	22:40	5:57
10. Briggs Alsbury (M16)	23:18	6:07
11. Dan Osborne (M15)	24:03	6:19
12. Don Bischoff (M52)	24:49	6:31
13. Chance Hildebrand (M16)	24:51	6:32
14. Mike Fanning (M46)	24:54	6:33
15. Greg Dewitt (M50)	25:04	6:35
16. Jennifer Thomas (F35)	25:16	6:38
17. Julie Swingley (F40)	26:01	6:50
18. Mara Menahan (F15)	26:27	6:57
19. Clay Springmeyer (M16)	26:28	6:57
20. Corrina Ingham (F17)	26:42	7:01
21. Todd Younkin (M39)	27:03	7:07
22. Marta Fisher (F32)	27:13	7:09
23. Lucinda Leon (F38)	27:19	7:11
24. Haley Golz (F18)	27:41	7:17
25. Steph Younkin (F36)	27:46	7:18
26. Amber Osterman (F30)	27:51	7:19
27. Mark Copenhaver (M42)	28:32	7:30
28. Amy Bischoff (F16)	28:39	7:32
29. Elaine Dahl (F32)	29:05	7:39
30. Sandy Smith (M14)	29:31	7:46
31. Anna Metropoulos (F14)	29:38	7:47
32. Travis Kingsbury (M15)	29:50	7:51
33. Bill Ramsay (M49)	30:01	7:53
34. Ellen McEwen (F15)	30:13	7:57
35. Lauren Lewis (F15)	30:22	7:59
36. Gary Wiens (M56)	30:58	8:08
37. Shawna Milne-Price (F17)	31:30	8:17
38. Melanie Bock (F15)	31:54	8:23
39. Ellie Newell (F17)	32:06	8:26
40. Will Doubek? Nordahl? (M14)	32:15	8:29
41. Jennifer Opie? (F47)	33:58	8:56
42. Alyson Cummings (F16)	35:08	9:14
43. Jacki Copenhaver (F11)	40:09	10:33
44. Tammy Copenhaver (F38)	40:13	10:35

45. Ian Jacobson (M11) 42:07 11:05  
Judy Groombridge: "out and back" version of the course

Male Record: Steve Simpson, 18:18 (4:48 pace, 1990)  
Female Record: Sabrina Monro, 20:16 (5:20 pace, 2004)

Thanks to all participants, for keeping the tradition alive and raising \$280 for HHS XC!

And a special thanks to all of our volunteers:

Lonnie Davis family: race "host" -- parking, restroom, shelter

Judy Groombridge: registration

Gerard Boland: registration

Tom Furlong: course set-up & tear down

Barb Furlong: course set-up & tear down

Mike Jacobson: lead mountain biker, course sweep

Gigi Moy: course monitor, mountain biker

Bill Gilbert: starter, finish area, results

Kelley Gilbert: lead timer, finish area, results

Dot Gilbert: finish area

Tom Pederson: finish area

Ed Darfler: finish area

Jeff Thomas: course markers

Demaris Taylor, and many other parents, spectators, etc.: moral support / cheer squad

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